

## HIV nutritional and mother-to-child prevention medicine list (formulary) 2026

### Who we are

Retail Medical Scheme (referred to as 'the Scheme'), registration number 1176, is a not-for-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company and an authorised financial services provider (registration number 1997/013480/07). Discovery Health (Pty) Ltd, administers the Scheme.

### Contact us

You can call us on **0860 101 252** or visit [www.retailmedicalscheme.co.za](http://www.retailmedicalscheme.co.za) for more information.

This document lists the nutritional supplements and medicines to prevent mother-to-child transmission that are on the medicine list (formulary) of the HIVCare Programme for 2026.

## HIV Care Programme

### Disclaimer

The information contained in this document is subject to change.

The HIVCare Programme is governed by the Scheme's Rules, administered by Discovery Health (Pty) Ltd. The utilisation of the benefits and programmes associated with the HIVCare Programme are subject to specific conditions and rules. You must ensure that you are familiar with these rules and conditions.

Any instructions or advice on medicine and the management of your condition are intended as a supplement to and not a substitute for the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional.

The Scheme reserves the right to change how we cover treatment on the programme at any time.

## HIV nutritional and mother-to-child prevention medicine list (formulary)

NAPPI_9	NAPPI_6	Product Name	Form	Pack Size (Grams)	Manufacturer	Max Quantity Allowable Per NAPPI Per Member Per Formulary Grouper	Maximum Financial Limit Per Month	Maximum Financial Limit Per 6 month Benefit Period
709350001	709350	Infacare 1	POW	900	Sanulac Nutritionals South Africa	1800g (2 Tins) per claim	R 440	R2 460
3003946002	3003946	Lactogen 1 (new formulation)	POW	900	Nestle SA (Pty) Ltd			
709350002	709350	Infacare 1	POW	1800	Sanulac Nutritionals South Africa	1800g (1 Tin) per claim		
3004968001	3004968	Infacare 1 infant starter formula (tin)	POW	1800	Sanulac Nutritionals South Africa			
3004962002	3004962	Infacare melegi acidified	POW	1800	Sanulac Nutritionals South Africa			
3003946003	3003946	Lactogen 1 (new formulation)	POW	1800	Nestle SA (Pty) Ltd			

**Note:** Maximum quantity of 1.8kg of infant formula per infant, per month for a maximum duration of 6 months is allowed. We approve the first month upfront however the infant needs to be registered on your benefit option in order to qualify for the remaining five months.

### Complaints process

You may lodge a complaint or query with Retail Medical Scheme directly on **0860 101 252** or address a complaint in writing to the Principal Officer at the Scheme’s registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the Retail Medical Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance. Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / **0861 123 267** / [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za) / [www.medicalschemes.co.za](http://www.medicalschemes.co.za).