

Treatment Baskets for the Chronic Disease List (CDL) Conditions

Who we are

Retail Medical Scheme (referred to as "the Scheme"), registration number 1176, is a not-for-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company and an authorised financial services provider (registration number 1997/013480/07). Discovery Health (Pty) Ltd administers Retail Medical Scheme.

Contact us

You can call us on **0860 101 252** or visit www.retailmedicalscheme.co.za for more information.

Treatment Baskets for the Chronic Disease List (CDL) conditions

The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) is a list of conditions which all medical schemes need to cover on all the benefit options they offer to their members. This cover includes funding for the diagnosis, treatment and ongoing care for the listed conditions.

Read further to understand what procedures, investigations and consultations are covered for both the diagnosis and ongoing management of each condition.

We will only pay Prescribed Minimum Benefit (PMB) claims if your condition has been approved on the Chronic Illness Benefit

Only claims for procedures and consultations listed in the Prescribed Minimum Benefit (PMB) treatment Baskets will be paid from the Chronic Illness Benefit. These are pro-rated, based on the date of approval of your chronic condition. Where you have cover for the same procedure or test in more than one basket, we limit payment to the number of procedures or tests in the basket that has the highest number.

How we pay for tests to diagnose your condition

If you have been recently diagnosed with and approved for cover for a Chronic Disease List (CDL) condition, we will pay for the tests and procedures in the diagnostic basket in full. We will also pay in full for the consultation with the healthcare provider who made the diagnosis. We will only pay for these tests, procedures and consultations if you were an active member of the Scheme at the time of the diagnosis, and the relevant ICD-10 diagnosis codes are on the claim. Please ask your doctor to provide the date of diagnosis of your condition(s) on the CIB application form, to assist us to pay your claims from the correct benefit.

We will pay tests and procedures for your condition according to the treatment baskets

We pay claims in full, from the treatment baskets for the ongoing management of your condition from healthcare providers such as radiologists, dietitians and podiatrists.

We pay claims from pathologists and medical technologists who we have a payment agreement with in full, up to the agreed rate. We will pay up to a maximum of the Scheme Rate if you use a pathologist or medical technologists who we do not have a payment agreement with. You will have to pay any difference between what is charged and what we pay.

We pay for claims from Diabetes Educators up to the agreed rate, subject to the limit being available, and the provider being on the Diabetes Educator network.

How we pay GP consultations related to your condition

We pay consultations listed in the Prescribed Minimum Benefit (PMB) treatment baskets related to your condition from the Chronic Illness Benefit.

Essential Plus and Essential Option

We pay for four (4) consultations that are related to your approved condition a year with a GP who is a DSP up to the agreed rate.
If you use any other GP, we will pay up to a maximum of 80% of the Scheme Rate. You must pay any difference between what is charged and what we pay.

How we pay specialist consultations related to your condition

We pay for consultations listed in the Prescribed Minimum Benefit (PMB) treatment baskets related to your condition from the Chronic Illness Benefit.

Essential Plus and Essential Option

Depending on your condition, we pay for a specific number of consultations with a specialist who we have a payment agreement with.
We pay up to a maximum of 80% of the Scheme Rate for consultations with any other specialist. You must pay any difference between what is charged and what we pay.

Please make sure your claims have the appropriate ICD-10 diagnosis code

To make sure that we pay your claims from the correct benefit, we need the claims from your healthcare providers to be submitted with the relevant ICD-10 diagnosis codes. Please ask your doctor to include your ICD-10 diagnosis codes on the claims they submit, and on the form that they complete, when they refer you to pathologists, medical technologists and radiologists for tests. This will enable the pathologists, medical technologists and radiologists to include the relevant ICD-10 diagnosis codes on the claims they submit, to ensure that we pay your claims from the correct benefits.

We will not pay claims from the Chronic Illness Benefit if the following requirements are not met:

- the claims are submitted without the relevant ICD-10 diagnosis codes;
- you are not yet registered on the Chronic Illness Benefit for a Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) condition;
- you have exceeded the frequency limit on consultations or tests.

To find the closest GP or specialist on our Designated Service Provider network, go to *Find a healthcare professional* on our website.

Contact us

For further information please contact **0860 101 252** or visit www.retailmedicalscheme.co.za .

Treatment Baskets for Chronic Disease List (CDL) conditions

| Condition | Diagnostic basket | | | Ongoing management basket | | | |
|---------------------------------|--------------------------------------|--|------------------------------|--------------------------------------|--------------------------------|------------------------------|---|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Addison's disease | U & E only | 4171 | 1 | U & E only | 4171 | 3 | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 3 | |
| | Cortisol level | 4499 | 1 | | | | |
| | ACTH stimulation testing | 4523 | 1 | | | | |
| Asthma | Flow volume test | 1188 or 1186 | 1 | Flow volume test | 1188 or 1186 | 2 | 2 |
| | Peak flow | 1192 | 1 | Peak flow | 1192 | 3 | |
| Bipolar mood disorder | AST – Aspartate aminotransferase | 4130 | 1 | AST – Aspartate aminotransferase | 4130 | 2 | 2 |
| | ALT – Alanine aminotransferase | 4131 | 1 | ALT – Alanine aminotransferase | 4131 | 2 | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 2 | |
| | CT Brain uncontrasted | 10300 or 10310 or 10320 | 1 | Lithium – flame ionisation | 4067 | 2 | |
| | ECG – Electrocardiogram | (1228 & 1230) or (1229 & 1231) or 1232 or 1233 or 1234 or 1235 or 1236 | 1 | Serum calcium | 4016 or 4017 or 4375 or 4376 | 1 | |
| | EEG with special activation | 75113 | 1 | | | | |
| | Full blood count | 3755 | 1 | Full blood count | 3755 | 1 | |
| | Gamma glutamyl transferase (GGT) | 4134 | 1 | Gamma glutamyl transferase (GGT) | 4134 | 1 | |
| | Glucose – random/fasting | 4057 or 4050 | 1 | Glucose – random/fasting | 4057 or 4050 | 1 | |
| | LDL cholesterol | 4026 | 1 | LDL cholesterol | 4026 | 1 | |
| | HDL cholesterol | 4028 | 1 | HDL cholesterol | 4028 | 1 | |
| | Triglycerides | 4147 | 1 | Prothrombin index | 3805 | 1 | |
| | Thyrotropin (TSH) | 4507 | 1 | Triglycerides | 4147 | 1 | |
| | Toxic drug screen | 4287 or 4370 or 4493 | 1 | Thyrotropin (TSH) | 4507 | 1 | |
| Syphilis testing (VDRL or TPHA) | 3940 or 3949 or 3951 | 1 | Toxic drug screen | 4287 or 4370 or 4493 | 3 | | |

| Condition | Diagnostic basket | | | Ongoing management basket | | | |
|------------------------------|--|--|------------------------------|--|--|------------------------------|---|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Bipolar mood disorder | U & E only | 4171 | 1 | U & E only | 4171 | 2 | |
| Bronchiectasis | Peak flow | 1192 | 1 | Peak flow | 1192 | 2 | 1 |
| | Sputum MC&S – sputum analysis for infection | 3867 & 3881 & 3885 & 3887 & 3895 & 3923 & 3924 | 1 | Sputum MC&S – sputum analysis for infection | 3867 & 3881 & 3885 & 3887 & 3895 & 3923 & 3924 | 4 | |
| | Flow volume test | 1188 or 1186 | 1 | Flow volume test | 1186 | 1 | |
| | X-ray of the chest two views, PA and lateral | 30110 | 1 | | | | |
| Cardiac failure | ECG – Electrocardiogram | (1228 & 1230) or (1229 + 1231) or 1232 or 1233 or 1234 or 1235 or 1236 | 1 | ECG – Electrocardiogram | (1228 & 1230) or 1232 | 3 | 2 |
| | | | | | (1229 & 1231) or 1233 or 1234 or 1235 or 1236 | 1 | |
| | Echocardiography | 3620 & 3621 & 3622 & 3623 & 3624 & 3625 | 1 | Echocardiography | 3620 & 3621 & 3622 & 3623 & 3624 & 3625 | 2 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 4 | |
| | Urine analysis (dipstick) | 4188 | 1 | Urine analysis (dipstick) | 4188 | 4 | |
| | B-Type natriuretic peptide | 4488 | 1 | B-Type natriuretic peptide | 4488 | 1 | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 4 | |
| | Troponin isoforms | 4161 | 1 | Drug level in biological fluid | 4081 or 4370 or 4493 | 3 | |
| | Glucose – random/fasting | 4050 or 4057 | 1 | | | | |
| | C-reactive protein | 3947 | 1 | Threshold testing: own equipment | 1268 | 1 | |
| | Full blood count | 3755 | 1 | | | | |
| | Thyrotropin (TSH) | 4507 | 1 | Programming of the Atrioventricular sequential pacemaker | 1270 or 75075 | 1 | |
| | Total cholesterol | 4027 | 1 | | | | |
| | X-ray of the chest two views, PA and lateral | 30110 | 1 | X-ray of the chest two views, PA and lateral | 30110 | 1 | |
| Cardiomyopathy | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 4 | 2 |

| Condition | Diagnostic basket | | | Ongoing management basket | | | |
|---|--|---|--|--|--|------------------------------|---|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Cardiomyopathy | ECG – Electrocardiogram | (1228 & 1230 or (1229 & 1231) or 1232 or 1233 or 1234 or 1235 or 1236 | 1 | ECG – Electrocardiogram | 1228 & 1230 or 1232 | 3 | |
| | | | | | (1229 & 1231 1233 or 1234 or 1235 or 1236 | 1 | |
| | Echocardiography | 3620 & 3621 & 3622 & 3623 & 3624 & 3625 | 1 | Echocardiography | 3620 & 3621 & 3622 & 3623 & 3624 & 3625 | 2 | |
| | Glucose – random/fasting | 4057 or 4050 | 1 | Prothrombin index (PI) | 3805 | 24 | |
| | Full blood count | 3755 | 1 | Therapeutic drug level: Dosage | 3806 | 24 | |
| | C-reactive protein | 3947 | 1 | Drug level in biological fluid | 4081 or 4370 or 4493 | 3 | |
| | B-Type natriuretic peptide | 4488 | 1 | B-Type natriuretic peptide | 4488 | 1 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 4 | |
| | Thyrotropin (TSH) | 4507 | 1 | Threshold testing: own equipment | 1268 | 1 | |
| | Total cholesterol | 4027 | 1 | Programming of the Atrioventricular sequential pacemaker | 1270 or 75075 | 1 | |
| | Urine analysis (dipstick) | 4188 | 1 | Urine analysis (dipstick) | 4188 | 4 | |
| X-ray of the chest two views, PA and lateral | 30110 | 1 | X-ray of the chest two views, PA and lateral | 30110 | 1 | | |
| Chronic obstructive pulmonary disease (COPD) | Flow volume test | 1188 or 1186 | 1 | Flow volume test | 1186 | 1 | 1 |
| | X-ray of the chest two views, PA and lateral | 30110 | 1 | Peak flow | 1192 | 2 | |
| | Alpha-1-antitrypsin | 4005 | 1 | Drug level in biological fluid | 4081 or 4370 or 4493 | 2 | |
| Chronic renal disease | ECG – Electrocardiogram | (1228 & 1230) or (1229 & 1231) or 1232 or 1233 or 1236 | 1 | ECG – Electrocardiogram | (1228 & 1230) or (1229 & 1231) or 1232 or 1233 or 1236 | 2 | 2 |
| | | | | | | | |
| | Full blood count | 3755 | 1 | Full blood count | 3755 | 4 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 4 | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 4 | |
| Serum calcium | 4016 or 4017 or 4375 or 4376 | 1 | Serum calcium | 4016 or 4017 or 4375 or 4376 | 4 | | |
| | Serum phosphates | 4109 or 4313 | 1 | Serum phosphates | 4109 or 4313 | 4 | |

| Condition | Diagnostic basket | | | Ongoing management basket | | | |
|--------------------------------|--|---|------------------------------|--------------------------------------|--|------------------------------|---|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Chronic renal disease | Serum parathyroid hormone (PTH) | 4512 | 1 | Serum parathyroid hormone (PTH) | 4512 | 2 | |
| | Protein: Quantitative | 4213 | 1 | Protein: Quantitative | 4213 | 1 | |
| | | | | Platelet count | 3797 | 1 | |
| | | | | Urine analysis (dipstick) | 4188 | 4 | |
| | | | | Iron | 4071 | 2 | |
| | | | | Transferrin | 4144 | 2 | |
| | | | | Ferritin | 4528 | 2 | |
| | | | | Dietitian | 84200 or 84201 or 84202 or 84203 or 84204 or 84205 | 1 | |
| Coronary artery disease | ECG - Electrocardiogram | (1228 & 1230 or (1229 & 1231) or 1232 or 1233 or 1234 or 1235 or 1236 | 1 | ECG - Electrocardiogram | (1228 & 1230) or (1229 & 1231) or 1232 or 1233 or 1234 or 1235 or 1236 | 2 | 2 |
| | Echocardiography | 3620 & 3621 & 3622 & 3623 & 3624 & 3625 | 1 | Echocardiography | 3620 & 3621 & 3622 & 3623 & 3624 & 3625 | 1 | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 2 | |
| | Total cholesterol | 4027 | 1 | Total cholesterol | 4027 | 1 | |
| | LDL cholesterol | 4026 | 1 | LDL cholesterol | 4026 | 1 | |
| | HDL cholesterol | 4028 | 1 | HDL cholesterol | 4028 | 1 | |
| | Triglycerides | 4147 | 1 | Triglycerides | 4147 | 1 | |
| | Glucose - random/fasting | 4050 or 4057 | 1 | Glucose - random/fasting | 4050 & 4057 | 1 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 2 | |
| | Full blood count | 3755 | 1 | | | | |
| | Thyrotropin (TSH) | 4507 | 1 | | | | |
| | Platelet count | 3797 | 1 | | | | |
| | X-ray of the chest two views, PA and lateral | 30110 | 1 | | | | |
| | Urine analysis (dipstick) | 4188 | 1 | | | | |
| C-reactive protein | 3947 | 1 | | | | | |
| Chrohn's disease | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947 | 1 | C-reactive protein | 3947 | 2 | 3 |

| Condition | Diagnostic basket | | | Ongoing management basket | | | |
|--------------------------|--------------------------------------|--|------------------------------|---|--|------------------------------|---|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| | Full blood count | 3755 | 1 | Full blood count | 3755 | 2 | |
| | Histology | 4567 & 4571 or 4582 & 4584 | 3 | Faecal Calprotectin (Elastase Quantitative ELISA) | 4362 | 1 | |
| Diabetes Insipidus | U & E only | 4171 | 1 | U & E only | 4171 | 3 | 1 |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 3 | |
| | Osmolality: Serum or urine | 4093 | 1 | Osmolality: Serum or urine | 4093 | 1 | |
| Diabetes mellitus type 1 | ECG - Electrocardiogram | (1228 & 1230) or (1229 & 1231) or 1232 or 1233 or 1236 | 1 | ECG - Electrocardiogram | (1228 & 1230) or (1229 & 1231) or 1232 or 1233 or 1236 | 1 | 1 (Ophthalmologist) 4 (Other Specialist) |
| | Glucose - random/fasting | 4057 or 4050 | 1 | HbA1c | 4064 | 4 | |
| | Microalbuminuria | 4261 or 4262 | 1 | Microalbuminuria | 4261 or 4262 | 2 | |
| | Serum creatinine | 4032 or 4223 | 1 | Serum creatinine | 4032 or 4223 | 1 | |
| | Total cholesterol | 4027 | 1 | Total cholesterol | 4027 | 1 | |
| | LDL cholesterol | 4026 | 1 | LDL cholesterol | 4026 | 1 | |
| | HDL cholesterol | 4028 | 1 | HDL cholesterol | 4028 | 1 | |
| | Triglycerides | 4147 | 1 | Triglycerides | 4147 | 1 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 1 | |
| | Urine creatinine | 4221 | 1 | Urine creatinine | 4221 | 1 | |
| | Urine analysis (dipstick) | 4188 | 1 | Urine analysis (dipstick) | 4188 | 4 | |
| | Two-hour glucose-OGTT | | | Tonometry | 3014 | 1 | |
| | | | | Basic capital equipped in own rooms by ophthalmologists | 3009 | 1 | |
| | | | | Fundus examination | 3003 or 3004 or 3027 | 1 | |
| | | | | Podiatrist | 68301 or 68302 or 68303 or 68304 or | 1 | |
| Diabetes Educator | | | | DFSC1 | 1 | | |
| Diabetes Educator | | | | DEDU1 or DEDUT | 2 | | |
| | | | Dietitian | 84200 or 84201 or 84202 or 84203 or 84204 or 84205 | 1 | | |
| Diabetes mellitus type 2 | ECG - Electrocardiogram | 1228 & 1230) or (1229 & 1231) or 1232 or | 1 | ECG - Electrocardiogram | 1228 & 1230) or (1229 & 1231) or | 1 | 1 (Ophthalmologist) 4 (Other Specialist) |

| Condition | Diagnostic basket | | | Ongoing management basket | | | |
|-------------|--------------------------------------|--|------------------------------|---|---|------------------------------|---|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| | | 1233 or 1236 | | | 1232 or 1233 or 1236 | | |
| | Microalbuminuria | 4261 or 4262 | 1 | Microalbuminuria | 4261 or 4262 | 2 | |
| | Urine analysis (dipstick) | 4188 | 1 | Urine analysis (dipstick) | 4188 | 4 | |
| | Total cholesterol | 4027 | 1 | Total cholesterol | 4027 | 1 | |
| | LDL cholesterol | 4026 | 1 | LDL cholesterol | 4026 | 1 | |
| | HDL cholesterol | 4028 | 1 | HDL cholesterol | 4028 | 1 | |
| | Triglycerides | 4147 | 1 | Triglycerides | 4147 | 1 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 1 | |
| | Serum creatinine | 4032 or 4223 | 1 | Serum creatinine | 4032 or 4223 | 1 | |
| | Urine creatinine | 4221 | 1 | Urine creatinine | 4221 | 1 | |
| | Glucose – random/fasting | 4057 or 4050 | 1 | HbA1c | 4064 | 4 | |
| | Two-hour glucose-OGTT | 4049 | 1 | Tonometry | 3014 | 1 | |
| | | | | Basic capital equipped in own rooms by ophthalmologists | 3009 | 1 | |
| | | | | Fundus examination | 3003 or 3004 or 3027 | 1 | |
| | | | | Diabetes Educator | DEDU1 or DEDUT | 2 | |
| | | | | Podiatrist | 68301 or 68302 or 68303 or 68304 or | 1 | |
| | | | | Diabetes Educator | DFSC1 | 1 | |
| | | | | Dietitian | 84200 or 84201 or 84202 or 84203 or | 1 | |
| | | | | Dietitian | 84204 or 84205 | | |
| Dysrhythmia | ECG – Electrocardiogram | (1228 & 1230) or (1229 & 1231) or 1232 or 1233 or 1234 or 1235 or 1236 | 1 | ECG – Electrocardiogram | 1232 or (1228 & 1230) | 3 | 2 |
| | | | | | (1229 & 1231) or 1233 or 1234 or 1235 or 1236 | 1 | |
| | Echocardiography | 3620 & 3621 & 3622 & 3623 & 3624 & 3625 | 1 | Echocardiography | 3620 & 3621 & 3622 & 3623 & 3624 & 3625 | 1 | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 1 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 2 | |

| Condition | Diagnostic basket | | | Ongoing management basket | | | |
|--|--|--------------------------------|------------------------------|--|--------------------------------|------------------------------|---|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Dysrhythmia | Magnesium: Spectrophotometric | 4094 | 1 | Magnesium: Spectrophotometric | 4094 | 1 | |
| | C-reactive protein | 3947 | 1 | Prothrombin index (PI) | 3805 | 24 | |
| | Thyrotropin (TSH) | 4507 | 1 | Therapeutic drug level: Dosage | 3806 | 24 | |
| | Serum calcium | 4016 or 4017 or 4375 or 4376 | 1 | Drug level in biological fluid | 4081 or 4370 or 4493 | 2 | |
| | 24-hour ambulatory blood pressure | 1237 | 1 | Threshold testing: own equipment | 1268 | 1 | |
| | | | | Programming of the Atrioventricular sequential pacemaker | 1270 or 75075 | 1 | |
| Epilepsy | Clinical interpretation and report of item 2711: Electro-encephalogram (EEG): 20-40 minutes record (Professional component) | 2712 | 1 | Clinical interpretation and report of item 2711: Electro-encephalogram (EEG): 20-40 minutes record (Professional component) | 2712 | 1 | 3 |
| | Electro-encephalogram (EEG): 20-40 minutes record: (done by Medical Practitioners) or EEG with special activation (done by Clinical Technologists) | 2711 or 75133 | 1 | Electro-encephalogram (EEG): 20-40 minutes record: (done by Medical Practitioners) or EEG with special activation (done by Clinical Technologists) | 2711 or 75133 | 1 | |
| | | | | Drug level in biological fluid | 4081 or 4370 or 4493 | 3 | |
| Glaucoma * These codes can only be billed by an Ocular Therapeutic Optometrist | Tonometry | 3014 or *11202 or *11212 | 1 | Tonometry | 3014 or *11202 or *11212 | 3 | 3 |
| Glaucoma * These codes can only be billed by an Ocular Therapeutic Optometrist | Fundus examination | 3003 or 3004 or 11366 | 1 | Fundus examination | 3003 or 3004 or 11366 | 3 | |
| | Gonioscopy | 3002 or *11356 | 1 | Gonioscopy | 3002 or *11356 | 3 | |
| | Basic capital equipped in own rooms by ophthalmologists | 3009 | 1 | Basic capital equipped in own rooms by ophthalmologists | 3009 | 3 | |
| | Visual fields | 3016 or 3017 or *11443 | 1 | Visual fields | 3016 or 3017 or *11443 | 2 | |
| | Disc and nerve fibre layer analysis or Disc photography | 3026 or 3027 or *11624 | 1 | Disc and nerve fibre layer analysis or Disc photography | 3026 or 3027 or *11624 | 1 | |
| | Optical Coherent Tomography (OCT) of Optic nerve or macula | 3028 or *11802 | 2 (1 per eye) | Optical Coherent Tomography (OCT) of Optic nerve or macula | 3028 or *11802 | 2 (1 per eye) | |

| Condition | Diagnostic basket | | | Ongoing management basket | | | |
|--|---|--|------------------------------|--------------------------------------|--|------------------------------|---|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Glaucoma * These codes can only be billed by an Ocular Therapeutic Optometrist | Central corneal thickness measurement | 3020 or *11702 | 2 (1 per eye) 1 | Retinal threshold trend evaluation | 3018 | 1 | |
| Haemophilia | Factor VIII or Factor IX antigen or Coagulation factors | 3758 or 3757 | 1 | Factor VIII or Factor IX inhibitors | 3724 | 1 | 2 |
| | Full blood count | 3755 | 1 | Full blood count | 3755 | 1 | |
| | Platelet count | 3797 | 1 | Platelet count | 3797 | 1 | |
| | Fibrinogen titre | 3825 | 1 | | | | |
| | PTT - Partial thromboplastin time | 3837 | 1 | | | | |
| | Prothrombin index (PI) | 3805 | 1 | | | | |
| | Therapeutic drug level: Dosage | 3806 | 1 | | | | |
| | Bleeding time | 3713 | 1 | | | | |
| | Thrombin time | 3841 | 1 | | | | |
| Hyperlipidaemia | Thyrotropin (TSH) | 4507 | 1 | AST - Aspartate aminotransferase | 4130 | 1 | 0 |
| | Full blood count | 3755 | 1 | ALT - Alanine aminotransferase | 4131 | 1 | |
| | Total cholesterol | 4027 | 1 | Total cholesterol | 4027 | 1 | |
| | LDL cholesterol | 4026 | 1 | LDL cholesterol | 4026 | 1 | |
| | HDL cholesterol | 4028 | 1 | HDL cholesterol | 4026 | 1 | |
| | Triglycerides | 4147 | 1 | Triglycerides | 4028 | 1 | |
| Hypertension | ECG - Electrocardiogram | (1228 & 1230) or (1229 & 1231) or 1232 or 1233 | 1 | ECG - Electrocardiogram | (1228 & 1230) or (1229 & 1231) or 1232 or 1233 | 1 | 1 |
| | Urine analysis (dipstick) | 4188 | 1 | Urine analysis (dipstick) | 4188 | 1 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 1 | |
| | Glucose - random/fasting | 4057 or 4050 | 1 | Glucose - random/fasting | 4057 or 4050 | 1 | |
| | 24-hour ambulatory blood pressure | 1237 | 1 | 24-hour ambulatory blood pressure | 1237 | 1 | |
| | Total cholesterol | 4027 | 1 | Total cholesterol | 4027 | 1 | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 or | 1 | |
| | | | | Potassium | 4113 | 1 | |

| Condition | Diagnostic basket | | | Ongoing management basket | | | |
|--|---|--------------------------------|------------------------------|---|--------------------------------|------------------------------|---|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| Hypothyroidism | Thyrotropin (TSH) | 4507 AND | 1 | Thyrotropin (TSH) | 4507 AND | 2 | 0 |
| | Free thyroxine (FT4) OR | 4482 OR | 1 | Free thyroxine (FT4) OR | 4482 OR | 1 | |
| | Thyrotropin (TSH) & Thyroxine (FT4) | 4484 | 1 | Thyrotropin (TSH) & Thyroxine (FT4) | 4484 | 2 | |
| | Total cholesterol | 4027 | 1 | | | | |
| Multiple sclerosis | MR of the brain pre and post contrast or uncontrasted | 10430 or 10410 | 1 | MR of the brain pre and post contrast or uncontrasted | 10430 or 10410 | 1 | 2 |
| | MR of the cervical spine and cranio-cervical junction pre and post contrast or uncontrasted | 51420 or 51410 or 51400 | 1 | MR of the cervical spine and cranio-cervical junction pre and post contrast or uncontrasted | 51420 or 51410 or 51400 | 1 | |
| | MR of the thoracic spine pre and post contrast or uncontrasted | 52420 or 52410 or 52400 | 1 | MR of the thoracic spine pre and post contrast or uncontrasted | 52420 or 52410 or 52400 | 1 | |
| | MR of the lumbar spine pre and post contrast or uncontrasted | 53420 or 53410 or 53400 | 1 | MR of the lumbar spine pre and post contrast or uncontrasted | 53420 or 53410 or 53400 | 1 | |
| | Visual evoked potentials (VEP): Unilateral | 2681 | 1 | AST - Aspartate aminotransferase | 4130 | 1 | |
| | Visual evoked potentials (VEP): Bilateral | 2682 | 1 | ALT - Alanine aminotransferase | 4131 | 1 | |
| | CSF-IgG Index | 4036 | 1 | | | | |
| Parkinson's disease | No diagnostic or monitoring tests apply as the diagnosis of this condition remains a clinical one | | | | | | 2 |
| Rheumatoid arthritis Rheumatoid arthritis | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947 | 1 | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947 | 4 | 4 |
| | Full blood count | 3755 | 1 | Full blood count | 3755 | 2 | |
| | Platelet count | 3797 | 1 | Platelet count | 3797 | 2 | |
| | Urine analysis (dipstick) | 4188 | 1 | Urine analysis (dipstick) | 4188 | 4 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 1 | |
| | Creatinine | 4221 or 4032 or 4223 | 1 | Creatinine | 4221 or 4032 or 4223 | 1 | |
| | AST - Aspartate aminotransferase | 4130 | 1 | AST - Aspartate aminotransferase | 4130 | 4 | |
| | ALT - Alanine aminotransferase | 4131 | 1 | ALT - Alanine aminotransferase | 4131 | 4 | |
| | Rheumatoid factor | 3959 or 4182 | 1 | | | | |
| Rheumatoid arthritis | Anti-CCP | 4600 | 1 | | | | |

| Condition | Diagnostic basket | | | Ongoing management basket | | | | |
|--------------------------------------|--|--------------------------------|--|--|--------------------------------|------------------------------|---|--|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year | |
| Rheumatoid arthritis | Anti-Nuclear Factor (ANF) | 3934 | 1 | | | | | |
| | X-ray of the chest two views, PA and lateral | 30110 | 1 | X-ray of the chest two views, PA and lateral | 30110 | 1 | | |
| | X-ray of the right hand or right wrist | 65105 or 65135 | 4 | X-ray of the right hand or right wrist | 65105 or 65135 | 4 | | |
| | X-ray of the left hand or left wrist | 65100 or 65130 | | X-ray of the left hand or left wrist | 65100 or 65130 | | | |
| | X-ray of the right foot or right ankle | 74125 or 74105 | | X-ray of the right foot or right ankle | 74125 or 74105 | | | |
| | X-ray of the left foot or left ankle | 74120 or 74100 | | X-ray of the left foot or left ankle | 74120 or 74100 | | | |
| | X-ray of the left hip | 56100 | | X-ray of the left hip | 56100 | | | |
| | X-ray of the right hip | 56110 | | X-ray of the right hip | 56110 | | | |
| | X-ray of the left shoulder | 61130 | | X-ray of the left shoulder | 61130 | | | |
| | X-ray of the right shoulder | 61135 | | X-ray of the right shoulder | 61135 | | | |
| | X-ray of the left elbow | 63100 | | X-ray of the left elbow | 63100 | | | |
| | X-ray of the right elbow | 63105 | | X-ray of the right elbow | 63105 | | | |
| | X-ray of the left knee | 72100 | | X-ray of the left knee | 72100 | | | |
| | X-ray of knee 1 or 2 views of Right knee | X2105 | | X-ray of knee 1 or 2 views of Right knee | X2105 | | | |
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| | | | | | | | | |
| Juvenile Rheumatoid arthritis | In addition to above, the below is also available for members less than 18 years old | | | | | | Ophthalmologist Visit | |
| | Ultrasound of the right wrist or left wrist | 65210 or 65200 | 1 | Ultrasound of the right wrist or left wrist | 65210 or 65200 | 1 | 1 for > 10 years old or 2 for < 10 years old | |
| | Ultrasound of the right foot or right ankle | 74225 or 74215 | | Ultrasound of the right foot or right ankle | 74225 or 74215 | | | |
| | Ultrasound of the left foot or left ankle | 74220 or 74210 | | Ultrasound of the left foot or left ankle | 74220 or 74210 | | | |
| | Ultrasound of the hip joints | 56200 | | Ultrasound of the hip joints | 56200 | | | |
| | Ultrasound of the left shoulder joint | 61200 | | Ultrasound of the left shoulder joint | 61200 | | | |
| | Ultrasound of the right shoulder joint | 61210 | | Ultrasound of the right shoulder joint | 61210 | | | |
| | Ultrasound of the left elbow joint | 63200 | | Ultrasound of the left elbow joint | 63200 | | | |
| | Ultrasound of the right elbow joint | 63205 | | Ultrasound of the right elbow joint | 63205 | | | |
| | Ultrasound of the left knee joint | 72200 | | Ultrasound of the left knee joint | 72200 | | | |
| | Ultrasound of the right knee joint | X2205 | | Ultrasound of the right knee joint | X2205 | | | |
| | | | | | | | | |
| Juvenile Rheumatoid arthritis | Ultrasound of the temporo-mandibular | 15200 | Ultrasound of the temporo-mandibular joints, one or both sides | 15200 | | | | |

| Condition | Diagnostic basket | | | Ongoing management basket | | | |
|-------------------------------------|--|----------------------------------|------------------------------|--|--------------------------------|------------------------------|---|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| | joints, one or both sides | | | | | | |
| | Ultrasound of any joint | 5102 | | Ultrasound of any joint | 5102 | | |
| | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947 | 1 | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947 | 2 | |
| Schizophrenia | No diagnostic test codes apply | | | AST - Aspartate aminotransferase | 4130 | 2 | 4 |
| | | | | ALT - Alanine aminotransferase | 4131 | 2 | |
| | | | | U & E only | 4171 | 2 | |
| | | | | Creatinine | 4032 or 4221 or 4223 | 2 | |
| | | | | Drug level in biologic fluid | 4081 or 4370 or 4493 | 3 | |
| Systemic lupus erythematosus | Full blood count | 3755 | 1 | Full blood count | 3755 | 4 | 4 |
| | Urine analysis (dipstick) | 4188 | 1 | Urine analysis (dipstick) | 4188 | 4 | |
| | Platelet count | 3797 | 1 | Platelet count | 3797 | 1 | |
| | Complement fixation test | 3963 or 4182 | 1 | Complement fixation test | 3963 or 4182 | 2 | |
| | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947 | 1 | Erythrocyte sedimentation rate or C-reactive protein | 3743 or 3947 | 4 | |
| | U & E only | 4171 | 1 | U & E only | 4171 | 4 | |
| | DNA antibodies | 4529 or 3948 | 2 | AST - Aspartate aminotransferase | 4130 | 4 | |
| | Creatinine | 4032 or 4221 or 4223 | 1 | Creatinine | 4032 or 4221 or 4223 | 4 | |
| | Extractable nuclear antigens | 3934 or 3948 | 2 | X-ray of the chest two views, PA and lateral | 30110 | 1 | |
| | Urine microscopy | 3867 | 1 | Total cholesterol | 4027 | 1 | |
| | Anti-Nuclear Factor (ANF) | 3934 | 1 | Creatinine kinase | 4152 or 4153 | 2 | |
| | Histology | 4567 & 4571 or 4582 & 4584 | 3 | Antiglobulin test (Coombs) | 3709 | 2 | |
| | Skin biopsy | 4567 & 0233 & 0234 & 0235 & 0237 | 1 | ALT - Alanine aminotransferase | 4131 | 4 | |
| | Kidney biopsy | 1841 | 1 | | | | |
| | X-ray of the chest two views, PA and lateral | 30110 | 1 | | | | |
| Ulcerative colitis | Colonoscopy | 1653 or 1656 | 1 | Colonoscopy | 1653 or 1656 | 1 | |

| Condition | Diagnostic basket | | | Ongoing management basket | | | |
|-----------|--------------------------------------|--------------------------------|------------------------------|---|--------------------------------|------------------------------|---|
| | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Description of the procedure or test | Code for the procedure or test | Number we cover for the year | Number of specialist consultations we cover each year |
| | C-reactive protein | 3947 | 1 | C-reactive protein | 3947 | 2 | |
| | Full blood count | 3755 | 1 | Full blood count | 3755 | 2 | |
| | Histology | 4567 & 4571 or 4582 & 4584 | 3 | Histology | 4567 & 4571 or 4582 & 4584 | 1 | |
| | | | | Faecal Calprotectin (Elastase Quantitative ELISA) | 4362 | 1 | |
| | | | | Flexible sigmoidoscopy | 1676 | 1 | |

Queries or complaints

You may lodge a query or complaint with Retail Medical Scheme directly on **0860 101 252** or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the Retail Medical Scheme internal disputes process. You can read more about the disputes process on www.retailmedicalscheme.co.za.

You may, as a last resort, approach the Council for Medical Schemes for assistance. Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / **0861 123 267** / complaints@medicalschemes.co.za / www.medicalschemes.co.za.